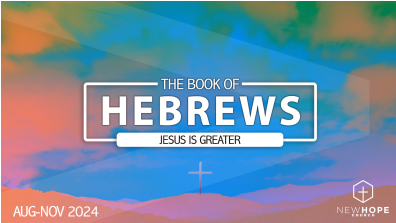


HEBREWS

Week 14 – NOV 17-23



New Hope | Small Groups



SMALL GROUP GUIDELINES:

SAFE GROUP: everyone can be real, open, and honest with their struggles and victories.

CONFIDENTIALITY: What is said in the group stays in the group.

LISTEN: really listening to what is being shared. Try to avoid thinking about how you are going to respond, or what you are going to say next.

PAUSE: Give the person sharing the chance to finish and the group the opportunity to consider what was just shared before responding.

NO "CROSS TALK": Be considerate of others as they are sharing. No side conversations.

NO FIXING: We are not here to fix each other. Jesus does that part. Give encouragement; speak truth, and point to Jesus.

NO RESCUING: When people are sharing something deeply personal resist the temptation to rescue them by giving advice. This will often cause them to stop sharing.

SHARING: Be sensitive about the amount of time you share.

BE SELF-AWARE: Be self-aware of how you are personally effecting the environment through your words, actions, and non-verbal communication.

USE "I" STATEMENTS: It's easy to talk about the issues of others, but for our purposes, we want you to put yourself on the table. Try to use "I" statements rather than "them", "the church", "us", "we", etc.

CONFLICT: When conflict or sin issues arise, we want to make sure that we are honoring God and each other in the way we deal with these issues.

Small Group Evening Schedule:

10min - Hangout time

5min - Welcome, Opening Prayer, Group Guidelines, Announcements
(It is good to review the guidelines on the left once a month)

OPENING QUESTIONS:

Was there any specific thing that you connected with from the message this Sunday? What point made the most impact for you?

Is there anything you'd like to go deeper in today that you heard?

40min – **Main Scripture: Hebrews 12:1-17**

Today we are going to read the passage in sections with discussion time after each part. Go ahead and read out loud together as a group. Perhaps have everyone or a few people read a couple of verses at a time through the passage.

DISCUSSION QUESTIONS:

Look at Hebrews 12:1-2.

What does it mean by "throw off"? What are we to rid ourselves of?

According to these verses, what is Jesus going for us in the process?

According to Hebrews 12:4-10, why is it important for us to accept God's discipline our lives?

How have you experienced God's loving discipline in your life?

In verse 11, what blessings do you experience if you grow through discipline?

In verse 14, how can you live in peace? How can you live in holiness?

What can you do this week to get rid of sin and persevere in faith?

CHALLENGE: If you have sin that you need to get rid of, DO IT NOW! Yes, right now with your group. Get real, confess, repent, pray and be prayed for. Sin loses its power when you bring it into the light. The best time to "throw off" these things is now. Love one another and pray for one another to walk in holiness.

10min - Share prayer requests & pray.

(one person write requests and email or text to the rest of the group)
